# An Introduction to Coaching for Camp & Retreat Leaders

April 16-19, 2023 at the Jumonville Christian Camp & Retreat Center in Hopwood, PA

#### Take Your Skills to the Next Level

As experienced camp and retreat leaders, we are constantly called on to help people move past who they are today so they can become who they want to be tomorrow. Coach training is an excellent complement to the skills you have already developed as a outdoor ministry professional. Join us and gain focused skills and experience in order to coach professionally.

Your training will involve pre-reading and face-to-face active learning during the event. It will be a custom-designed, two-day training just for camp and retreat leaders, developed by <u>Coach Approach Skill Training.</u> You will gain skills for helping individuals with self-discovery, expanding possibilities, identifying actions, and calculating appropriate risk taking and self-accountability. This event will cover Basic coaching skills (as well as some advanced skills) – a level of training that can cost \$1,600, but is offered here at an incredibly reduced rate thanks to our sponsor, the Office of Christian Formation of the Presbyterian Mission Agency. Additional training will be needed if a participant is seeking coaching certification.

#### COST

The total cost for this event (training, meals, snacks, and lodging with linens) is just \$400.00. A round-trip airport shuttle from the Pittsburgh International Airport is available for an additional \$60.00.

# Sustainable Pathways EDUCATION FOR CAMP & RETREAT LEADERS

### **Chris Holmes**



Chris Holmes is a Professional Certified Coach and the co-author of the Coach Approach Skill Training (CAST) for ministry. Chris served for seven years as the United Methodist's Annapolis District Superintendent in the Baltimore-Washington Conference as part of his 32 years in ministry. As a full-time trainer and coach, Chris has trained over 1000 church leaders in the basic and advance skills of coaching. He has an Amazon best-selling book, *The Art of Coaching Clergy: A Handbook for Church Leaders, Clergy and Coaches*, and has authored many articles on coaching.

# **Brian Frick**



Brian Frick is an ICF trained coach with 20 years experience in all levels of denominational camping including 10 years working in the Presbyterian Church (USA) national offices as director of the Office of Camp and Conference Ministries. Frick has over 150 hours of coaching both within camp and retreat ministry and general church leadership and has helped more than 20 individuals identify and reach their growth goals. Brian is excited to be assisting Chris during this event.

## **Our Host Site**



Jumonville is a premier United Methodist camp and retreat center that has provided an atmosphere of safety, comfort, and adventure for over 75 years. The site is located in Hopwood, Pennsylvania in a beautiful mountaintop setting just 50 miles south of Pittsburgh. We will be staying in the Washington Lodge where each bedroom has a private bathroom. You have your choice of single or double occupancy - at the same low price!

Sustainable Pathways is a collaborative effort between the denominational associations affiliated with the Outdoor Ministries Connection (OMC). This annual event provides ecumenical education and training opportunities for camp and retreat leaders throughout the United States and Canada.

#### Transportation

For the Pittsburgh International Airport (PIT), an airport shuttle will be offered by Jumonville for \$60.00 roundtrip. We ask that you arrive by 3:30pm on Sunday, April 16 and depart after 10:30am on Wednesday, April 19. For those who are driving, the program will begin at 6:00pm. Jumonville is located at 887 Jumonville Road, Hopwood, PA 15445.

#### Registration

You can register for the event by going to <u>https://umcrm.wildapricot.org/event-5116621</u>. If you have any questions about the program, please send them to Joel Winchip at joel@pccca.net. Questions about the facilities can go to Jessica Gamaché at jessica.gamache@umcrm.org.